



### **DISCUSSION QUESTIONS FOR THE NUDGE WEEK 1 (10-18-22)**

The Nudge is a small video we put out mid-week that go along with our Cultivate series. Watch the video and share the link with 1 or 2 other people, then get together sometime the following week to discuss the related questions. It's a great way to connect with a couple coworkers or friends and go a bit deeper.

It could be you take a walk with a coworker over lunch, or grab coffee with a friend, or even meet up as a group for a meal. It could be as simple as a phone call on your commute home. The key is to reach out and get someone (or 2 or 3) to go a bit deeper with.

#### **DISCUSSION QUESTIONS:**

In the video, Sean said that the enemy tries to shout down what God says about us.

1. Discuss times where the wrong thing kept playing in your head over and over about yourself.
2. Why do you think this can be so effective in derailing us?
3. How did you get through this? What helps you move forward?
4. What currently gives you strength and courage that God in His word has said about you?